

# Independence Foundation

---

Philadelphia region, private sector  
supporter of nurse-managed health  
care since 1993

# Nurse-Managed Health Care

---

- ❑ Funding priority since 1993
- ❑ Focus on Phila. PA region
- ❑ Over \$30 million spent to date
- ❑ Highest concentration of nurse-managed centers in US (9)
- ❑ Viability of 2 nurse-managed models of care: wellness & comprehensive primary care

# Multi focused Funding

---

- Educational--- \$3 million to create a chair in community health nursing in 4 Philadelphia area schools; over \$1 million for internship & scholarship programs
- Data Systems---\$1.5 million
- RNCC/NNCC--- \$2.7 million
- Nurse managed primary care and wellness centers--- \$21.8 million

# Model 1: Nurse-Managed Wellness Centers

---

Provide basic nursing services and health promoting programs, such as health education, screening, immunizations, parenting classes, adolescent & youth groups, and disease management groups in diverse community locations, as well as NMHCs:

- City of Philadelphia, Community Court
- Senior living facilities
- Schools, churches, day care centers, worksites
- Free meal/dining facilities for the needy

## Model 2: Nurse-Managed Comprehensive Primary Care Health Centers

---

- Model of health care home with coordinated, comprehensive healthcare and services that enable clients to manage their own health
- Provide linkages with other health related services
- Increasingly have behavioral health and dental services on location and integrated with primary care

# Independence Foundation Supported NMHCs

---

- Microcosm of NMHCs nationwide
  - Located in public housing facilities, urban, suburban, and rural areas.
  - Serve urban homeless population; migrant, agricultural workers; minority populations; large percentage of uninsured; large percentage of children

# NMHCs Currently Supported

---

- All grant recipients for almost 10 yrs. Or more
  
- Wellness centers exclusively - 3
  
- Comprehensive primary care – 9
  - 8 of 9 grantees currently participating in PA Chronic Care Initiative

# Clients served by IF supported Primary Care NMHCs in 2008

---

- Total no. patients seen = 23,236  
(unduplicated count)
- Total no. visits = 80,057
- Many pts. received multiple services,  
e.g., family planning, behavioral  
health, and/or dental

# Primary Care Pt. Characteristics

---

- ❑ Rate of uninsured in centers ranged from 22% to 90%
- ❑ At least 85% of clients across centers are from minority backgrounds, e.g., African American, Asian, Hispanic, Mexican
- ❑ Across centers, at least a third of clients are 18 or younger
- ❑ Approx. 2/3 are women

# Reasons for Visits

---

- Health check-ups: physicals, immunizations, family planning
- Treatment of acute problems
- Management of chronic illnesses:
  - Diabetes
  - Hypertension
  - Asthma
  - Depression & other behavioral health issues

# Wellness Services Provided in 2008

---

- The 12 Independence Foundation funded centers conducted approximately 1200 health promoting programs.
- They reached a total participation of close to 17,000.
- These programs aimed to help clients
  - Manage current health problems,
  - Detect potential health problems, and
  - Reduce the risk of future health problems.

# Challenges to NMHCs

---

- Funding, Funding, Funding
- Of the 9 comprehensive, primary care NMHCs funded by the Independence Foundation, 4 were established by academic schools of nursing and threatened with closure due to lack of access to Prospective Payment

# Challenges to NMHCs

---

- In 2008, those 4 centers collectively served 15,136 of the 23,236 (65%) clients served by the 9 IF funded centers and accounted for more than half of the client visits.
- Fortunately, each of those centers became part of an existing Federally Qualified Health Center, which enabled it to receive PPS reimbursement and to expand its services to more clients.
- What would have happened if those centers had closed? Where would those clients have gone for care?